

Welcome To
Celebrate Recovery
Confess
(June 23, 2010)

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Celebrate Recovery Confess

A. Review

B. "C" stands for "Come clean".

"So the trouble is not with the law (God's rules for godly living), for it is spiritual and good. **The trouble is with me**, for I am all too human, a slave to sin. I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. But if I know that what I am doing is wrong, this shows that I agree that the law is good. So I am not the one doing wrong; it is sin (sin nature living in me that does it."

"And I know that **nothing good lives in me, that is, in my sinful nature**. I want to do what is right, but I can't. I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. But if I do what I don't want to do, I am not really the one doing wrong; it is sin (sin nature) living in me that does it."

"I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. I love God's law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin (sin nature) that is still within me. **Oh, what a miserable person I am!** Who will free me from this life that is dominated by sin and death? Thank God! **The answer is in Jesus Christ our Lord.** So you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin." Romans 7:14-25

"Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing. Anyone who does not remain in me is thrown away like a useless branch and withers. Such branches are gathered into a pile to be burned. But if you remain in me and my words remain in you, you may ask for anything you want, and it will be granted!" John 15:5-7

Lord Jesus,

You tell me in John 15:5-7 that I can do nothing without You. You tell me if I join with You and remember Your words, I can make any request and it will be granted. I believe You. So I join with You. I submit to You and ask You to be my Lord. I ask You to take control of my life and change me into the person You want me to be. I ask You for the strength and the power to deal with my inventory. I know You have helped me do my inventory. I know You have helped me see my issues. I know You want to fix these problems. I know You want to remove them along with all my pain. I know You want me to live a victorious life. I know You want to give me the strength and the power to do that. Lord, Jesus, I depend on You. I trust You. I submit to You. In Your name I pray. Amen

C. "O" stands for "Obey God's direction".

Step 1 _____ our sin.

"If we claim we have no sin, we are only fooling ourselves and not living in the truth." 1 John 1:8

Step 2 _____ to God

"But if we confess our sins to him, he is faithful and just to forgive us and to cleanse us from every wrong." 1 John 1:9

Step 3 _____ to our sponsor.

"Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and wonderful results." James 5:16

D. "N" stands for "No more guilt".

"So now there is no condemnation for those who belong to Christ Jesus." Romans 8:1

"He has not punished us for all our sins, nor does he deal with us as we deserve. For his unfailing love toward those who fear him, is as great as the height of the heavens above the earth. He has removed our rebellious acts as far away from us as the east is from the west." Psalm 103:10-12

"I - yes, I alone - am the one who blots out your sins for my own sake and will never think of them again." Isaiah 43:25

E. "F" stands for "Face the truth".

"Jesus said to the people who believed in him, 'You are truly my disciples if you keep obeying my teachings, and you will know the truth and the truth will set you free.'" John 8:31-32

F. "E" stands for "Ease the pain".

"When I refused to confess my sin, I was weak and miserable, and I groaned all day long. Day and night your hand of discipline was heavy on me. My strength evaporated like water in summer heat. Finally I confessed all my sins to you and stopped trying to hide them. I said to myself, "I will confess my rebellion to the Lord". And you forgave me! All my guilt is gone." Psalm 32:3-5

G. "S" stands for "Stop the blame".

H. **"S" stands for "Start accepting God".**

"Look! Here I stand at the door and knock. If you hear me calling and open the door, I will come in, and we will share a meal as friends." Revelation 3:20

"Come now, let us argue this out, says the Lord. No matter how deep the stain of your sins, I can remove it. I can make you as clean as freshly fallen snow. Even if you are as stained as red as crimson, I can make you as white as wool. If you will only obey me and let me help you, then you will have plenty to eat." Isaiah 1:18-19