

Welcome to CR! Chances are, SOMETHING brought you here- what was it? Please take a moment to write in why you came to CR tonight. And if you know, what do you want to accomplish?

Also- what would want to you say to yourself if you want to quit?

This note will be held by your group leader and given back to you either at the end of the year when you complete your step-study, or mailed to you if you decide to leave the group.